

February 27, 2020

MJ Team, Residents, and Families,

We hope this letter finds you all doing well. We are writing regarding the plans we at MJ Senior Housing are putting in place to address the possibility of the Coronavirus Disease 2019 (COVID-19) reaching our state and our local communities. The disease began in China and has now spread to as many as 48 other countries. This can certainly cause concerns and questions.

We want to assure you all, our team, residents, and families, that we are taking all the essential precautions and we have protocols in place to respond to any outbreak of communicable diseases within our MJ Communities. We are updating visitation policies to request persons traveling outside of the US within the past 30 days not have direct contact with residents.

In addition, and in response to the emergence of COVID-19, MJ Senior Housing has created a Communicable Disease Task Force that will meet regularly during this time of heightened awareness. We will continuously monitor our communities and continue to be proactive in our process. In addition to all MJ Senior Housing officers and all Community Executive Directors, The Communicable Disease Task Force includes at least one additional team member from each of our MJ communities. Together we are monitoring each report issued from the CDC, working with our state and local health departments, and monitoring any illness within our communities, all of which guide our coordinated actions.

We will continue to follow all instructions provided by our local and state health departments and follow our internal protocols. We will also communicate with you regarding any changes or increased concerns.

We'd also like to take this opportunity to remind you it is still cold and flu season. Many of the same infection control measures that you are already practicing are also helpful in preventing the spread of Coronavirus. These include:

- **Frequent hand washing. Wash thoroughly and often.**
- **Cover coughs and sneezes followed by proper handwashing.**
- **Stay home if you aren't feeling well.**
 - **If you have been running a low-grade temp, please be sure you are "fever free" for at least 24 hours before entering the community.**
- **Get your flu shot when possible. (Not effective against Coronavirus)**

We know how important it is for you to see your loved one. If you aren't feeling well but would still like to visit, we will use technology to make it happen. Each community is equipped with iPads. Skype and Facetime are easy for us to use to connect you with the person you love. Simply communicate with your Executive Director and we'll make it happen.

You are welcome to reach out to your Executive Director with any questions you may have. You can also visit the Centers for Disease Control website at www.cdc.gov for more information about COVID-19.

Whether you are part of our team, live in one of our communities, or have a loved one living in our care, we thank you for trusting us. We will continue to keep you updated with any additional information as needed.

Sincerely,

The MJ Senior Housing Team

Jason Lange – MaryLynne Bolden – Linda Dexter – David Schmidt – Tracey Curry

We're all about **YOU!**

